

Power Play Fitness

Hot Yoga Instructor Schedule - AUGUST 2008

<u>SUN</u>	<u>MON</u>	<u>TUES</u>	<u>WEDS</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
					1 6-7a Ramona	2 9-10a Kat 10:30-11:30a Kat
3 9:10a Ramona 10:15-11:15a Ramona	4 6-7a Kat 9:30-10:30a Ramona 6:15-7:15p Kate	5 7:30-8:30a Ramona 9:30-11:00a Ricky 6:15-7:15p Ricky	6 6-7a Ramona 9:30-10:30 Ramona 6:15-7:15p Sandy	7 6-7a Emily 7:30-8:30a Ramona 6:15-7:15p Ramona 7:30-9:00p Ricky	8 6-7a Ramona	9 9-10a Emily 10:30-11:30a Emily
10 9:10a Ramona 10:15-11:15a Ramona	11 6-7a Kat 9:30-10:30a Ramona 6:15-7:15p Kate	12 7:30-8:30a Ramona 9:30-11:00a Ricky 6:15-7:15p Ramona	13 6-7a Kat 9:30-10:30 Ramona 6:15-7:15p Sandy	14 6-7a Ramona 7:30-8:30a Ramona 6:15-7:15p Ramona 7:30-9:00p Ricky	15 6-7a Emily	16 9-10a Kat 10:30-11:30a Kat
17 9:10a Kat 10:15-11:15a Kat	18 6-7a Kat 9:30-10:30a Ramona 6:15-7:15p Kate	19 7:30-8:30 Sandy 9:30-11:00a Ricky 6:15-7:15p Ricky	20 6-7a Ramona 9:30-10:30 Ramona 6:15-7:15p Sandy	21 6-7a Sandy 7:30-8:30a Sandy 6:15-7:15p Ramona 7:30-9:00p Ricky	22 6-7a Sandy	23 9-10a Kat 10:30-11:30a Kat
24 9:10a Kat <u>10:15-11:15a Kat</u>	25 6-7a Kat 9:30-10:30a Ramona 6:15-7:15p Kate	26 7:30-8:30a Ramona 9:30-11:00a Ricky 6:15-7:15p Ramona	27 6-7a Emily 9:30-10:30 Ramona 6:15-7:15p Sandy	28 6-7a Ramona 7:30-8:30a Ramona 6:15-7:15p Ramona 7:30-9:00p Ricky	29 6-7a Sandy	30 9-10a Kat 10:30-11:30a Kat
31 9:10a Ramona 10:15-11:15a Ramona						

Classes highlighted in red may be cancelled if attendance does not improve