



CLASS SCHEDULES

For schedule changes and class descriptions visit www.powerplayfitness.com

6090 Campbell Road Suite 136
Dallas TX, 75248
972-248-3500

Monday	Tuesday	Wednesday	Thursday	Friday	
	6:00am All Levels Hot Yoga	6:00 am CYCLING (BOB)	6:00am All Levels Hot Yoga 6:00 am Muscle Mechanics	6:00 am CYCLING (NICK)	
8:30 am CYCLING (Jill)	6:00 am CYCLING (Jill)	8:30 am CYCLING (Jill)			
9:15 REBOUNDER/CORE COMBO(NEW)	8:30am All Levels Hot Yoga	9:15 am Semi-Private Rebounder	8:30am All Levels Hot Yoga 9:15 am Veronica's Special	8:30am Power Flow 2/3 Hot Yoga	
9:30am Power Flow 2/3 Hot Yoga		9:30am Power Flow 2/3 Hot Yoga			
	6:15pm All Levels Hot Yoga		6:15pm All Levels Hot Yoga		
6:15pm Level 1 Hot Yoga		6:15pm Level 1 Hot Yoga			
Saturday	Sunday	PRICING		LEGEND	
8:30 am CYCLING (Jill)		GYM HOURS	PAY-PER-CLASS MEMBERS AND NON-MEMBERS ONLY \$15 PER CLASS FOR DROP-INS	CLASSES IN BLACK ARE FREE TO MEMBERS	
8:30-9:30 All Levels HOT YOGA	8:00 am All Levels Hot Yoga		PRE-PAID PUNCH-CARD PACKAGES 10-PACK MEMBER - \$120 10-PACK NON-MEMBER - \$130	CLASSES IN BLACK REQUIRE PAY-PER-CLASS OR PUNCHCARD FOR ALL NON-MEMBERS	
9:15 am Saturday Blast	9:15am Level 1 Hot Yoga 10:00 am CYCLING (Renate)		M-TH 5am-9pm Fri 5am-7pm Sat 7am-5pm Sun 8am-5pm	20-PACK MEMBER - \$200 20-PACK NON-MEMBER - \$220	CLASSES IN COLOR REQUIRE PAY-PER-CLASS OR PUNCHCARD FOR MEMBERS AND NON-MEMBERS
				UNLIMITED HOT YOGA \$99 auto debit with one year commitment \$120 auto debit with month-to-month	
				UNLIMITED FAMILY HOT YOGA \$180 auto debit with month-to-month	
			SEMI-PRIVATE & SPECIAL CLASSES		
				For questions, call 972-248-3500	
			REBOUNDER - \$25 per class		